

## Module specification

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Module Code	SIR607
Module Title	Integrated Sports and Clinical Practice
Level	6
Credit value	40
Faculty	Social and Life Sciences
HECoS Code	100475
Cost Code	GACM

## Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (Hons) Sports Injury Rehabilitation	Core

## Prerequisites

Completion of level 4 and 5 of the programme.

## Breakdown of module hours

Learning and teaching hours	24hrs
Placement tutor support	2 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>26 hrs</b>
Placement / work based learning	Minimum 240 hrs
Guided independent study	135hrs
<b>Module duration (total hours)</b>	<b>400 hrs</b>

For office use only	
Initial approval date	14/02/2019
With effect from date	23/09/2019

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Date and details of revision	September 2022 – Change to title, change to module hours, increased placement hours from Sep 2023, updated Module Aims, LO's updated, amended Derogation, updated Reading List and modified assessment strategy
Version number	2

## Module aims

Prepare students for professional practice/employability in sports injury rehabilitation. Placement will provide students an opportunity to develop autonomous professional and clinical attributes in the workplace in preparation for a career in Sport Rehabilitation. Placement will allow for students to deal with complex sports injury rehabilitation situations systematically and make sound judgements within the boundaries of their own practice to contribute to the person-centred assessment, planning, management and evaluation of care for clients/service-users with a range of injuries/requirements. Enable the continuing development of high level professional and transferable skills and attributes in problem solving and personal initiative within the sports rehabilitation setting

## Module Learning Outcomes — at the end of this module, students will be able to:

1	Design and evaluate the potential career prospects-/business idea for a Graduate Sport Rehabilitator
2	Demonstrate autonomous competency in the development/delivery/rehabilitation/management of neuromusculoskeletal injuries in accordance to BASRaT policy
3	Demonstrate and evaluate the professional behaviours in accordance to BASRaT values and policy within clinic/and or sporting workplace
4	Demonstrate autonomous competency in taking a subjective and objective assessment, and the formulation of a diagnosis by in accordance to BASRaT policy

## Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

**Presentation:** A 30 minute PowerPoint presentation where students will be required to display a proposed career plan in specific sports/healthcare setting. Within this, they will

communicate and evaluate information, ideas, problems, and provide solutions. Example – a business plan and website for a new sports injury clinic.

**Placement Portfolio:** Students will complete a placement portfolio which contains a SWOC analysis, half way meeting and personal development plan. There will be set professional characteristics and BASRaT values which the student must adhere to within a professional work based setting. Students will be required to demonstrate evidence of autonomous competency in taking a subjective and objective assessment, formulating a clinical diagnosis and planning/delivering the rehabilitation/management of neuromusculoskeletal injuries. This is all in accordance to BASRaT policy.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1	Presentation	100%
2	2 - 4	Portfolio	Pass/Fail
3		Attendance	Pass/Fail

## Derogations

All elements must be passed at 40% or above. Clinical Practice assessments and placement are set to establish student safety in their clinical skills and safeguard the public. Therefore, all clinical practice assessment will be conducted with 'public safety' as the priority; students demonstrating unsafe practice or breaching confidentiality will not pass the assessment. During assessments the examiner will stop the student and inform them the clinical examination will not continue and the student will be marked as 'not pass' or referral, following the University Academic Regulations.

## Learning and Teaching Strategies

The students' learning will include a close link between theory and practice. Classroom teaching will be supplemented by a close relationship between the student and the placement educator who will help direct the learning in practice. Class time will include discussions and group work, case studies and scenarios

## Indicative Syllabus Outline

- Career options
- Tax/finances
- Entrepreneurship
- Professional boundaries
- Legal working requirements
- Leadership
- Introduction to website
- Introduction to marketing
- Job application
- Continual Professional Development
- Key health initiatives

- Placement
- Current Concepts in Health Care, Rehabilitation and Public Health

## Indicative Bibliography:

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### Essential Reads

Hodson, P. (2012), *The Business of Therapy: How to Run A Successful Private Practise*, Open University Press

Shultz, S.J., Houglum, P.A. & Perrin, D.H., 2016. *Examination of musculoskeletal injuries*. Fourth Ed. Champaign, IL : Human Kinetics This book is available from the library in the Edward Llwyd Centre, Main Campus

### Other indicative reading

Blackwell, E. (2011), *How to prepare a business plan*. 5th ed. Great Britain. Kogan Page Limited.

British Association of Sports Rehabilitators and Trainers (BASRaT) - Standards of Ethical Conduct and Behaviour

[https://basratprod.blob.core.windows.net/docs/profdocs/basrat\\_standards\\_of\\_ethical\\_conduct\\_and\\_behaviour\\_2013.pdf](https://basratprod.blob.core.windows.net/docs/profdocs/basrat_standards_of_ethical_conduct_and_behaviour_2013.pdf)

British Association of Sports Rehabilitators and Trainers (BASRaT) – Role Delineation of the Sports Rehabilitator

[https://basratprod.blob.core.windows.net/docs/profdocs/basrat\\_role\\_delineation\\_updated\\_april\\_2016.pdf](https://basratprod.blob.core.windows.net/docs/profdocs/basrat_role_delineation_updated_april_2016.pdf)

Firdaus, T. (2013) *Responsive Web Design by Example Beginner's Guide*. Birmingham: Packt Publishing Limited. Print.

GOV.UK (n.d.), Business and the self-employed (Accessed 26th June 2022)

Himmat Dhillon, Sidak Dhillon & Mandeep S Dhillon, 2017. Current concepts in sports injury rehabilitation. *Indian Journal of Orthopaedics*, 51(5), pp.529–536.

Ries, E. (2011), *The lean startup: how constant innovation to creates radically successful businesses*. London. Portfolio Penguin

Wojtys, E.M., 2017. Sports Injury Prevention. *Sports Health: A Multidisciplinary Approach*, 9(2), pp.106–107.

## Employability skills – the Glyndŵr Graduate

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Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as

part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

**Core Attributes**

Engaged  
Enterprising  
Creative  
Ethical

**Key Attitudes**

Commitment  
Curiosity  
Resilience  
Confidence  
Adaptability

**Practical Skillsets**

Digital Fluency  
Organisation  
Leadership and Team working  
Critical Thinking  
Emotional Intelligence  
Communication